

## SUNDAY

**6:30-7:30AM - Legacy**, Barth Clinic, Up the stairs, 201 E Lincoln Ave, **Yakima (O,D,RF)**

**8-9AM - Finding a Way Everyday**, JFT & SPAD read daily, **Yakima (O,D,VM)**  
Zoom Meeting ID: 817 7517 4802 Password: 275055

**8-9AM - Getting Real**, Serenity Hall, 24 S 3rd Ave, **Yakima (O)**

**9:30-10:30AM - No Name**, UKC Senior Center, 719 E 3rd St, **Cle Elum (O,D)**

**10-11AM - Activities Subcommittee Meeting**, Peers Rising, 116 W 3rd Ave, **Ellensburg (O,D,Tr,QA,CP,HY)** \*Meets the first Sunday of the Month Only\*  
Login 520 918 8085 Password 034831

**11-12PM - Public Relations Subcommittee Meeting**, Peers Rising, 116 W 3rd Ave, **Ellensburg (O,D,Tr,QA,CP,HY)** \*Meets the first Sunday of the Month Only\*  
Login 520 918 8085 Password 034831

**NOON-1PM - NA @ Noon**, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, **Yakima (O,WC)**

**12:30-1PM - New GSR Orientation**, Peers Rising, 116 W 3rd Ave, **Ellensburg (O,D,QA,HY)** \*Meets the first Sunday of the Month Only\*  
Login 520 918 8085 Password 034831

**1-4PM - Area Service Committee Meeting (ASC)**, Peers Rising, 116 W 3rd Ave, **Ellensburg (O,D,Tr,QA,CP,HY)** \*Meets the first Sunday of the Month Only\*  
Login 520 918 8085 Password 034831

**3:30-4:30PM - Yearning After Recovery Daily (YARD)**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,D,WC)**

**6-7PM - Sunday Night by Candlelight**, Immanuel Lutheran Church, 1020 S A St, **Moses Lake (O,CL,D,WC)**

**6:30-7:30PM - WANA**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,To)**

**7-8:30PM - Courage To Change**, Methodist Church, 210 N Ruby St (Room 4) **Ellensburg (O,WC,BK)**

## MONDAY

**6:30-7:30AM - 631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

**6:30-7:30AM - Waking Up To Recovery**, Pear Tree Apartments, In the clubhouse, 2902 Powerhouse Rd, **Yakima (O,WC)**

**8-9AM - Finding a Way Everyday**, JFT & SPAD read daily, **Yakima (O,D,VM)**  
Zoom Meeting ID:817 7517 4802 Password:275055

**8-9AM - Getting Real**, Serenity Hall, 24 S 3rd Ave, **Yakima (O)**

**NOON-1PM - Ellensburg Valley Recovery Group**, United Methodist Church, 210 N Ruby St, **Ellensburg (O,WC,BK)**

**NOON-1PM - NA @ Noon**, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, **Yakima (O,WC)**

**3:30-4:30PM - Yearning After Recovery Daily (YARD)**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,D,WC)**

**5-6PM - Ladies in Love and Courage**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,W,CW)**

**6-7PM - New Beginnings**, Alano Club, 724 W 3rd Ave, **Moses Lake (O,WC,BK)**

**6:30-7:30PM - Recovery on the REZ**, Campbell Farm, 2527 Campbell Rd, **Wapato (O,D,NS,LS)**

**6:30-7:30PM - WANA**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,To)**

**7-8:30PM - Courage To Change**, Methodist Church, Room 4, 210 N Ruby St (Room 4) **Ellensburg (O,WC,BK)**

**7-8PM - Monday Night NA, Moses Lake (O,SD,VM)**

Zoom Meeting ID: 871 251 763 Password: recovery

**7:30-9PM - Life Tracks**, Saint Timothy's Church, 4105 Richey Rd, **Yakima (O,D,WC)**

## TUESDAY

**6:30-7:30AM - 631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

**6:30-7:30AM - Waking Up To Recovery**, Pear Tree Apartments, In the clubhouse, 2902 Powerhouse Rd, **Yakima (O,WC)**

**8-9AM - Finding a Way Everyday**, JFT & SPAD read daily, **Yakima (O,D,VM)**  
Zoom Meeting ID:817 7517 4802 Password:275055

**8-9AM - Getting Real**, Serenity Hall, 24 S 3rd Ave, **Yakima (O)**

**NOON-1PM - Burning Desire**, Enter through side door, 611 W A St, **Yakima (O,M,BK)** *Step Study*

**NOON-1PM - Ellensburg Valley Recovery Group**, United Methodist Church, 210 N Ruby St, **Ellensburg (O,To,WC)**

**NOON-1PM - NA @ Noon**, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, **Yakima (O,WC)**

**3:30-4:30PM - Yearning After Recovery Daily (YARD)**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,D,WC)**

**5:30-6:30PM - Old Skool**, First Christian Church, 601 N Ruby St, **Ellensburg (O)**

**6-7PM - Living Proof**, Alliance Church, 902 S 36th Ave, **Yakima (O,WC)**

**6-7PM - Step Brothers**, Lakeview Missionary Church, 810 S Evergreen Dr, **Moses Lake (M)**

**6:30-7:30PM - WANA**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,To)**

**7-8PM - A New Way of Life**, Our Redeemer First Presbyterian Church, 172 Ivy St SE, **Ephrata (O,WC,HY)**

Zoom ID: 871 251 763; Password: recovery

**7-8:30PM - Courage To Change**, Methodist Church, 210 N Ruby St (Room 4)

**Ellensburg (O,D,WC)**

**7:15-8:15PM - Let's Get on with It**, Moses Lake Alliance Church, 1100 N Grape Dr, **Moses Lake (O)** *Enter through the left side of the building, meeting is downstairs*

## WEDNESDAY

**6:30-7:30AM - 631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

**6:30-7:30AM - Waking Up To Recovery**, Pear Tree Apartments, In the clubhouse, 2902 Powerhouse Rd, **Yakima (O,WC)**

**8-9AM - Finding a Way Everyday**, JFT & SPAD read daily, **Yakima (O,D,VM)**  
Zoom Meeting ID:817 7517 4802 Password:275055

**8-9AM - Getting Real**, Serenity Hall, 24 S 3rd Ave, **Yakima (O)**

**NOON-1PM - Ellensburg Valley Recovery Group**, United Methodist Church, 210 N Ruby St, **Ellensburg (O,WC)**

**NOON-1PM - NA @ Noon**, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, **Yakima (O,WC)** *EXCEPT - NO MEETING LAST WEDNESDAY OF THE MONTH*

**3:30-4:30PM - Yearning After Recovery Daily (YARD)**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,D,WC)**

**5-6PM - Ladies in Love and Courage**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,W,CW)**

**5:30-6:30PM - Recovery Rocks**, Cle Elum Community Church, 201 E 3rd St, **Cle Elum (O,D,BK)**

**6-7PM - Just for Today**, Immanuel Lutheran Church, 1020 S A St, **Moses Lake (O,D,RF,WC)**

**6-7PM - Our Primary Purpose**, Grace Episcopal Church, 1201 N B Street, **Ellensburg (O,WC,LS)**

**6:30-7:30PM - Recovery on the REZ**, Campbell Farm, 2527 Campbell Rd, **Wapato (O,D,NS,LS)**

**6:30-7:30PM - WANA**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,To)**

**7-8:30PM - Courage To Change**, Methodist Church, 210 N Ruby St (Room 4) **Ellensburg (O,D,WC)**

## THURSDAY

**6:30-7:30AM - 631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

**6:30-7:30AM - Waking Up To Recovery**, Pear Tree Apartments, In the clubhouse, 2902 Powerhouse Rd, **Yakima (O,WC)**

**8-9AM - Finding a Way Everyday**, JFT & SPAD read daily, **Yakima (O,D,VM)**  
Zoom Meeting ID:817 7517 4802 Password:275055

**8-9AM - Getting Real**, Serenity Hall, 24 S 3rd Ave, **Yakima (O)**

**NOON-1PM - Ellensburg Valley Recovery Group**, United Methodist Church, 210 N Ruby St, **Ellensburg (O,WC)**

**NOON-1PM - NA @ Noon**, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, **Yakima (O,WC)**

**3:30-4:30PM - Yearning After Recovery Daily (YARD)**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,D,WC)**

**6-7PM - Worthy Women**, Lakeview Missionary Church, 810 S Evergreen Dr, **Moses Lake (O,JT,W,WC,HY,SPAD)**  
Zoom Meeting ID: 520 918 8085 Password: 034831

**6:30-7:30PM - Stepsisters**, If you need a meeting, please come and join us., **Yakima (O,W,VM)** *There is a Speaker Meeting the 3rd Thursday of every month.*

Zoom Meeting ID: 813 2312 0593

**6:30-7:30PM - WANA**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,To)**

**7-8:30PM - Courage To Change**, Methodist Church, 210 N Ruby St (Room 4) **Ellensburg (O,WC,BK)**

**7:15-8:15PM - Let's Get on with It**, Moses Lake Alliance Church, 1100 N Grape Dr, **Moses Lake (O)** *Enter through the left side of the building, meeting is downstairs, EXCEPT for the first Thursday of the month where you enter through the front, meeting will be in the gym downstairs*

## FRIDAY

**6:30-7:30AM - 631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

**6:30-7:30AM - Waking Up To Recovery**, Pear Tree Apartments, In the clubhouse, 2902 Powerhouse Rd, **Yakima (O,WC)**

**8-9AM - Finding a Way Everyday**, JFT & SPAD read daily, **Yakima (O,D,VM)**  
Zoom Meeting ID:817 7517 4802 Password:275055

**8-9AM - Getting Real**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,WC)**

**NOON-1PM - Ellensburg Valley Recovery Group**, United Methodist Church, 210 N Ruby St, **Ellensburg (O,WC,BK)**

**NOON-1PM - NA @ Noon**, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, **Yakima (O,WC)**

**3:30-4:30PM - Yearning After Recovery Daily (YARD)**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,D,WC)**

**5-6PM - Ladies in Love and Courage**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,W,CW)**

**6:30-7:30PM - Recovery on the REZ**, All Nations Church, Outbuilding across the road from the church, 603 Washington Ave, **Toppenish (O,D,WC,NS,LS)**

**6:30-7:30PM - WANA**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,To)**

**7-8:30PM - Courage To Change**, Methodist Church, 210 N Ruby St (Room 4) **Ellensburg (O,WC)**

**7-8PM - Freedom To Surrender**, Alano Club, 724 W 3rd Ave, **Moses Lake (O,WC)**

**7:30-9PM - Life Tracks**, Saint Timothy's Church, 4105 Richey Rd, **Yakima (O,D,WC)**

**10-11PM - Another NA Meeting**, Serenity Hall, 24 S 3rd Ave, **Yakima (CL)**

## SATURDAY

**6:30-7:30AM - 631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

**6:30-7:30AM - Legacy**, Barth Clinic, Up the stairs, 201 E Lincoln Ave, **Yakima (O,D,RF)**

**8-9AM - Finding a Way Everyday**, JFT & SPAD read daily, **Yakima (O,D,VM)**  
Zoom Meeting ID:817 7517 4802 Password:275055

**8-9AM - Getting Real**, Serenity Hall, 24 S 3rd Ave, **Yakima (O)**

**10-11AM - Buzz Kill**, First Christian Church, 601 N Ruby St, **Ellensburg (O,LS)**

**10:30-11:30AM - Hope**, Barth Clinic, Upstairs in Harrison Hall, 201 E Lincoln Ave, **Yakima (O,W,WC)**

**11:05-12:05PM - Something Different**, Alano Club, 724 W 3rd Ave, **Moses Lake (O,RF,WC)**

**NOON-1PM - NA @ Noon**, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, **Yakima (O,WC)**

**2-3PM - The Good Fellas**, United Methodist Church, Room 4, 210 N Ruby St, **Ellensburg (O,M,RF,WC,CW)**

**3:30-4:30PM - Yearning After Recovery Daily (YARD)**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,D,WC)**

**5-6PM - The Belvedere**, Big Blue Shop, 16516 State Highway 262 E, **Warden (O,SG)**

**6-7PM - Unity Night**, 2902 Powerhouse Rd, **Yakima (O,D,M,WC)**

**6:30-7:30PM - WANA**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,To)**

**7-8:30PM - Courage To Change**, Methodist Church, 210 N Ruby St (Room 4) **Ellensburg (O,WC)**

**10-11PM - Another NA Meeting**, Serenity Hall, 24 S 3rd Ave, **Yakima**

**10-11:30PM - The Late Show Meeting of Narcotics Anonymous**, Methodist Church, 210 N Ruby St, **Ellensburg (O,CL,WC,LS)**

## MEETING FORMAT LEGEND

CL	Candlelight	D	Discussion
JT	Just for Today	M	Men
O	Open	RF	Rotating Format
SD	Speaker/Discussion	SG	Step Working Guide
To	Topic	Tr	Tradition
W	Women	WC	Wheelchair
BK	Book Study	NS	No Smoking
QA	Question and Answer	CW	Children Welcome
CP	Concepts	VM	Virtual Meeting
HY	Hybrid Meeting	LS	Literature Study
SPAD	A Spiritual Principle a Day		

**Third Step Prayer**  
**Many of us have said:**  
**"Take my will and my life.**  
**Guide me in me recovery.**  
**Show me how to live."**



**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

Basic Text, page 65

**Area Service Committee Meeting**

Meets at 1pm  
First Sunday of the Month

**Meets at:**

Peers Rising  
116 W 3rd Ave  
Ellensburg, WA 98926

**Zoom Option**

ID: 520 918 8085

Password: 034831

Public Relations Subcommittee: 10am

Activities Subcommittee: 11am

New GSR Orientation: 12:30pm

**CENTRAL WASHINGTON AREA  
MEETING LIST**

**MAY 2026**

**AREA 24 HOUR HELPLINE**

877-664-0398

**REGION 24 HOUR HELPLINE**

888-290-1953

**Area Website**

cwaona.org

**CWANA**

PO Box 1384 \*NEW\*  
Ellensburg, WA 98926

**SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what**

**Ask your Higher Power to keep you clean**

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 98

Series of horizontal lines for phone numbers.

- ASC Chair: Perry S
- ASC Vice-Chair: Adam S
- ASC Treasurer: Jenni G
- ASC Assistant Treasurer: Lisa H
- ASC Secretary: OPEN (2 yrs clean time req)
- ASC Assistant Secretary: OPEN (18 mos clean time req)
- RCM1: Anye C
- RCM2: Aaron I
- C&E Representative: Brent T
- Archivist: Brent A
- GSR Mentor: Byron S
- Activities Chair: Tori W
- Activities Vice-Chair: Kimberly E
- Activities Treasurer: Floyd R
- Activities Secretary: Travis E
- PR Chair: OPEN (2 yrs clean time req)
- PR Vice-Chair: Adam S
- PR Secretary: Tandra H
- PR Literature: Donna L
- Website Coordinator: Lisa H
- Literature Chair: Brittany C
- Literature Vice-Chair: Bryan O
- EVENT CHAIRS:
- Back to the Basics: Becca V
- Embrace Recovery: Becca V
- River Float: OPEN
- Chili Cookoff: Pam A