

SUNDAY

6:30-7:30AM - Legacy, Barth Clinic, Up the stairs, 201 E Lincoln Ave, **Yakima (O,D,RF)**

8-9AM - Finding a Way Everyday, JFT,(SPAD) Spiritual Principle of the day read daily, **Yakima (O,D,VM)**
Zoom Meeting ID: 977643535 Password:140664

8-9AM - Getting Real, Serenity Hall, 915 West Summitview Avenue, **Yakima (O)**

9:30-10:30AM - No Name, Eagles, downstairs in the balcony dining area. Enter through the rear of building in the alley., 220 N. Pennsylvania Ave., **Cle Elum (O,D)**

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E. Lincoln Ave. #100, **Yakima (O,WC)**

3:30-4:30PM - Today Is The Day, Serenity Hall, 915 Summitview Ave., **Yakima (O,D,WC)**

6-7PM - Sunday Night by Candlelight, Immanuel Lutheran Church, 1020 S. A street, **Moses Lake (O,CL,D,WC)**

6:30-8PM - The Lie is Dead, **Yakima (O,SD,To,VM)**

Zoom Meeting ID: 355 008 8416

6:30-7:30PM - WANA, 915 Summitview Ave, **Yakima (O,To)**

7-8:30PM - Courage To Change, Methodist Church, 210 North Ruby Street, **Ellensburg (O,WC,BK)**

MONDAY

6:30-7:30AM - Waking Up To Recovery, 2902 Powerhouse Road, **Yakima (O,WC)**

8-9AM - Finding a Way Everyday, JFT,(SPAD) Spiritual Principle of the day read daily, **Yakima (O,D,VM)**

Zoom Meeting ID: 977643535 Password:140664

8-9AM - Getting Real, Serenity Hall, 915 West Summitview Avenue, **Yakima (O)**

NOON-1PM - Ellensburg Valley Recovery Group, United Methodist Church, 210 North Ruby Street, **Ellensburg (O,WC,BK)**

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E. Lincoln Ave. #100, **Yakima (O,WC)**

3:30-4:30PM - Today Is The Day, Serenity Hall, 915 Summitview Ave., **Yakima (O,D,WC)**

6-7PM - New Beginnings, Alano Club, 724 W. 3rd Ave, **Moses Lake (O,WC,BK)**

6:30-7:30PM - Recovery on the REZ, Campbell Farms, 2527 Campbell rd., **Wapato (O,D,NS,LS)**

6:30-7:30PM - WANA, 915 Summitview Ave, **Yakima (O,To)**

7-8:30PM - Courage To Change, Methodist Church, Room 4, 210 North Ruby Street, **Ellensburg (O,WC,BK)**

7-8PM - Monday Night NA, **Moses Lake (O,To,VM)**

Zoom Meeting ID: 871 251 763 Password: recovery

7-8PM - Renegades, Thorp Community Church, 150 1st St, **Thorp**

7:30-9PM - Life Tracks, Saint Timothy's Church, 4105 Richey Road, **Yakima (O,D,WC)**

TUESDAY

6:30-8AM - 631, west side of building, 204 E. 6th Ave. #514, **Ellensburg (O,D)**

6:30-7:30AM - Waking Up To Recovery, Pear Tree Apartments, clubhouse, 2902 Powerhouse Road, **Yakima (O,WC)**

8-9AM - Finding a Way Everyday, JFT,(SPAD) Spiritual Principle of the day read daily, **Yakima (O,D,VM)**

Zoom Meeting ID: 977643535 Password:140664

8-9AM - Getting Real, Serenity Hall, 915 West Summitview Avenue, **Yakima (O)**

NOON-1PM - Ellensburg Valley Recovery Group, United Methodist Church, 210 North Ruby Street, **Ellensburg (O,To,WC)**

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E. Lincoln Ave. #100, **Yakima (O,WC)**

3:30-4:30PM - Hope, Barthn Clinic, Upstairs in Harrison Hall, 201 E. Lincoln Ave., **Yakima (O,W,WC)**

3:30-4:30PM - Today Is The Day, Serenity Hall, 915 Summitview Ave., **Yakima (O,D,WC)**

6-7PM - Living Proof, Alliance Church, 902 S 36th Ave, **Yakima**

6:30-7:30PM - WANA, 915 Summitview Ave, **Yakima (O,To)**

7-8PM - A New Way of Life, Our Redeemer First Presbyterian Church, 172 Ivy Street Southeast, **Ephrata (O,WC,HY)**

Zoom ID: 871 251 763; Password: recovery

7-8:30PM - Courage To Change, Methodist Church, 210 North Ruby Street, **Ellensburg (O,D,WC)**

7-8PM - Getting Better, Pear tree Apartments, In the Clubhouse, 2902 Powerhouse Rd., **(O,D,WC)**

7:15-8:15PM - Let's Get on with It, United Methodist Church, 746 S. Ironwood Dr, **Moses Lake (O,WC)**

WEDNESDAY

6:30-7:30AM - Waking Up To Recovery, Pear Tree Apartments, clubhouse, 2902 Powerhouse Road, **Yakima (O,WC)**

8-9AM - Finding a Way Everyday, JFT,(SPAD) Spiritual Principle of the day read daily, **Yakima (O,D,VM)**

Zoom Meeting ID: 977643535 Password:140664

8-9AM - Getting Real, Serenity Hall, 915 West Summitview Avenue, **Yakima (O)**

NOON-1PM - Ellensburg Valley Recovery Group, United Methodist Church, 210 North Ruby Street, **Ellensburg (O,WC)**

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E. Lincoln Ave. #100, **Yakima (O,WC)**

3:30-4:30PM - Today Is The Day, Serenity Hall, 915 Summitview Ave., **Yakima (O,D,WC)**

5:30-6:30PM - Recovery Rocks, Cle Elum Community Church, 201 E. 3rd St., **Cle Elum (O,D,BK)**

6-7PM - Just for Today, Immanuel Lutheran Church, 1020 S A St, **Moses Lake (O,D,JT,WC)**

6:30-7:30PM - Better Perspectives, Othello Nazarene Church, 835 S. 10th avenue, **Othello (O,D,WC)**

6:30-7:30PM - Recovery on the REZ, Campbell Farms, 2527 Campbell rd., **Wapato (O,D,NS,LS)**

6:30-7:30PM - WANA, 915 Summitview Ave, **Yakima (O,To)**

7-8:30PM - Courage To Change, Methodist Church, 210 North Ruby Street, **Ellensburg (O,D,WC)**

7-8PM - Getting Better, Pear tree Apartments, In the Clubhouse, 2902 Powerhouse Rd., **(O,D,WC)**

THURSDAY

6:30-8AM - 631, west side of building, 204 E. 6th Ave. #514, **Ellensburg (O,D)**

6:30-7:30AM - Waking Up To Recovery, Pear Tree Apartments, 2902 Powerhouse Road, **Yakima (O,WC)**

8-9AM - Finding a Way Everyday, JFT,(SPAD) Spiritual Principle of the day read daily, **Yakima (O,D,VM)**

Zoom Meeting ID: 977643535 Password:140664

8-9AM - Getting Real, Serenity Hall, 915 West Summitview Avenue, **Yakima (O)**

NOON-1PM - Ellensburg Valley Recovery Group, United Methodist Church, 210 North Ruby Street, **Ellensburg (O,WC)**

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E. Lincoln Ave. #100, **Yakima (O,WC)**

3:30-4:30PM - Hope, Barth Clinic, Upstairs in Harrison Hall, 201 E. Lincoln Ave., **yakima (O,W,WC)**

3:30-4:30PM - Today Is The Day, Serenity Hall, 915 Summitview Ave., **Yakima (O,D,WC)**

6-7PM - Worthy Women, Immanuel Lutheran Church, 1020 S A st, **Moses Lake (O,D,JT,W,WC)**

6:30-7:30PM - Stepsisters, If you need a meeting, please come and join us. There is a speaker meeting on the second Monday of every month, **Yakima (O,W,VM)**

Zoom Meeting ID: 813 2312 0593

6:30-7:30PM - WANA, 915 Summitview Ave, **Yakima (O,To)**

7-8:30PM - Courage To Change, Methodist Church, 210 North Ruby Street, **Ellensburg (O,WC,BK)**

7:15-8:15PM - Let's Get on with It, United Methodist Church, 746 S. Ironwood Dr, **Moses Lake (O,WC)**

FRIDAY

6:30-7:30AM - Waking Up To Recovery, Pear Tree Apartments, 2902 Powerhouse Road, **Yakima (O,WC)**

8-9AM - Finding a Way Everyday, JFT,(SPAD) Spiritual Principle of the day read daily, **Yakima (O,D,VM)**

Zoom Meeting ID: 977643535 Password:140664

8-9AM - Getting Real, Serenity Hall, 915 West Summitview Avenue, **Yakima (O,WC)**

NOON-1PM - Ellensburg Valley Recovery Group, United Methodist Church, 210 North Ruby Street, **Ellensburg (O,WC,BK)**

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E. Lincoln Ave. #100, **Yakima (O,WC)**

3:30-4:30PM - Today Is The Day, Serenity Hall, 915 Summitview Ave., **Yakima (O,D,WC)**

6:30-7:30PM - WANA, 915 Summitview Ave, **Yakima (O,To)**

7-8:30PM - Courage To Change, Methodist Church, 210 North Ruby Street, **Ellensburg (O,WC)**

7-8PM - Freedom to Surrender, Alano Club, 724 West 3rd Avenue, **Moses Lake (O,WC)**

7:30-9PM - Life Tracks, Saint Timothy's Church, 4105 Richey Road, **Yakima (O,D,WC)**

10-11PM - Just for Tonight, 1105 S. 3rd Avenue, **Yakima**

SATURDAY

6:30-8AM - 631, west side of building, 204 E. 6th Ave. #514, **Ellensburg (O,D)**

6:30-7:30AM - Legacy, Barth Clinic, Up the stairs, 201 E Lincoln Ave, **Yakima (O,D,RF)**

8-9AM - Finding a Way Everyday, JFT,(SPAD) Spiritual Principle of the day read daily, **Yakima (O,D,VM)**

Zoom Meeting ID: 977643535 Password:140664

8-9AM - Getting Real, Serenity Hall, 915 West Summitview Avenue, **Yakima (O)**

10-11AM - Buzz Kill, First Christian Church, 601 North Ruby Street, **Ellensburg (O,BK,LC)**

10-11AM - Hope, Barth Clinic, Upstairs in Harrison Hall, 201 E. Lincoln Ave., **yakima (O,W,WC)**

11:05-12:05PM - Something Different, Alano Club, 724 West 3rd Avenue, **Moses Lake (O,RF,WC)**

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E. Lincoln Ave. #100, **Yakima (O,WC)**

3:30-4:30PM - Today Is The Day, Serenity Hall, 915 Summitview Ave., **Yakima (O,D,WC)**

6-7:30PM - Unity Night, 2902 Powerhouse Road, **Yakima (O,D,M,WC)**
Masks required

6:30-7:30PM - WANA, 915 Summitview Ave, **Yakima (O,To)**

7-8PM - A New Way of Life, Too, Our RedeemerPresbyterian Church, Hybrid, 172 Ivy st S E, **Ephrata (O,D,HY)**

Zoom ID: 871 251 763 PW:recovery

7-8:30PM - Courage To Change, Methodist Church, 210 North Ruby Street, Ellensburg (O,WC)

10-11PM - The Late Show meeting of Narcotics Anonymous, Methodist Church, 210 N. Ruby St, Ellensburg (O,IW,WC,BK)

MEETING FORMAT LEGEND

BK	Book Study	CL	Candlelight
D	Discussion	HY	Hybrid Meeting
IW	It Works -How and Why	JT	Just for Today
LC	Living Clean	LS	Literature Study
M	Men	NS	No Smoking
O	Open	RF	Rotating Format
SD	Speaker/Discussion	To	Topic
VM	Virtual Meeting	W	Women
WC	Wheelchair		

PHONE NUMBERS

**Use the PHONE
KEEP COMING BACK. IT WORKS**

Meetings Weekly: 88

**What is our message?
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, page 65



CENTRAL WASHINGTON AREA

MEETING LIST

SEPTEMBER 2023

24 HOUR HELPLINE

877-664-0398

Area Website

cwaona.org

SUGGESTIONS FOR EVERYONE

- DON'T USE** no matter what
- Ask your Higher Power** to keep you clean
- Come early and stay late**
- Get a home group**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**