SUNDAY

6:30-7:30AM - **Legacy**, Barth Clinic, Up the stairs, 201 E Lincoln Ave, **Yakima (0,D,RF)**

8-9AM - Finding a Way Everyday, JFT & SPAD read daily, Yakima (O,D,VM)
Zoom Meeting ID:817 7517 4802 Password:275055 *MEETING NEEDS SUPPORT*

8-9AM - Getting Real, Serenity Hall, 24 S 3rd Ave, Yakima (O)

9:30-10:30AM - **No Name**, UKC Senior Center, 719 E 3rd St, **Cle Elum (0,D)**

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100. Yakima (O.WC)

3:30-4:30PM - Yearning After Recovery Daily (YARD), Serenity Hall, 24 S 3rd Ave, Yakima (O,D,WC)
MEETING NEEDS SUPPORT

6-7PM - **Sunday Night by Candlelight**, Immanuel Lutheran Church, 1020 S A St, **Moses Lake (O,CL,D,WC)**

6:30-7:30PM - WANA, Serenity Hall, 24 S 3rd Ave, Yakima (O,To)

7-8:30PM - Courage To Change, Methodist Church, 210 N Ruby St (Room 4), Ellensburg (O,WC,BK)

MONDAY

6:30-7:30AM - **631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

6:30-7:30AM - **Waking Up To Recovery**, Pear Tree Apartments, In the clubhouse, 2902 Powerhouse Rd, **Yakima (O,WC)**

8-9AM - Finding a Way Everyday, JFT & SPAD read daily, Yakima (0,D,VM) Zoom Meeting ID:817 7517 4802 Password:275055 *MEETING NEEDS SUPPORT*

8-9AM - Getting Real, Serenity Hall, 24 S 3rd Ave, Yakima (O)

NOON-1PM - Ellensburg Valley Recovery Group, United Methodist Church, 210 N Ruby St, Ellensburg (O,WC,BK)

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100. Yakima (O.WC)

3:30-4:30PM - Yearning After Recovery Daily (YARD), Serenity Hall, 24 S 3rd Ave, Yakima (O,D,WC)

MEETING NEEDS SUPPORT

5-6PM - Ladies in Love and Courage, Serenity Hall, 24 S 3rd Ave, Yakima
(O.W.CW)

6-7PM - New Beginnings, Alano Club, 724 W 3rd Ave, Moses Lake (O,WC,BK)
6:30-7:30PM - Recovery on the REZ, Campbell Farm, 2527 Campbell Rd, Wapato

6:30-7:30PM - WANA, Serenity Hall, 24 S 3rd Ave, Yakima (O,To)

7-8:30PM - Courage To Change, Methodist Church, Room 4, 210 N Ruby St (Room 4), Ellensburg (O,WC,BK)

7-8PM - **Monday Night NA**, **Moses Lake (O,SD,VM)** Zoom Meeting ID: 871 251 763 Password: recovery

7:30-9PM - Life Tracks, Saint Timothy's Church, 4105 Richey Rd, Yakima (O,D,WC)

TUESDAY

6:30-7:30AM - **631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

6:30-7:30AM - **Waking Up To Recovery**, Pear Tree Apartments, In the clubhouse, 2902 Powerhouse Rd, **Yakima (O,WC)**

8-9AM - Finding a Way Everyday, JFT & SPAD read daily, Yakima (0,D,VM) Zoom Meeting ID:817 7517 4802 Password:275055 *MEETING NEEDS SUPPORT*

8-9AM - Getting Real, Serenity Hall, 24 S 3rd Ave, Yakima (O)

NOON-1PM - Burning Desire, Enter through side door, 611 W A St, Yakima (O,M,BK) Step Study

NOON-1PM - Ellensburg Valley Recovery Group, United Methodist Church, 210 N Ruby St, Ellensburg (O,To,WC)

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100. Yakima (O.WC)

 $\textbf{3:30-4:30PM - Yearning After Recovery Daily (YARD)}, Serenity \ \textbf{Hall}, \ 24 \ S \ \textbf{3rd}$ Ave, $\ \textbf{Yakima (O,D,WC)}$

MEETING NEEDS SUPPORT

(O,D,NS,LS)

5:30-6:30PM - Old Skool, First Christian Church, 601 N Ruby St, Ellensburg (O)

5:45-6:45PM - Step Brothers, Lakeview Missionary Church, 810 S Evergreen Dr, Moses Lake (M)

MEETING NEEDS SUPPORT

6-7PM - Living Proof, Alliance Church, 902 S 36th Ave, Yakima (O,WC) *MEETING NEEDS SUPPORT*

6:30-7:30PM - WANA, Serenity Hall, 24 S 3rd Ave, Yakima (O,To)

7-8PM - **A New Way of Life**, Our Redeemer First Presbyterian Church, 172 lvy St SE, **Ephrata (O,WC,HY)**

Zoom ID: 871 251 763; Password: recovery

7-8:30PM - **Courage To Change**, Methodist Church, 210 N Ruby St (Room 4), **Ellensburg (O,D,WC)**

7:15-8:15PM - **Let's Get on with It**, United Methodist Church, 746 S Ironwood Dr, **Moses Lake (O,WC)** (Enter in the back on Juniper Dr)

As of Oct 14th New Location 1100 N Grape Dr - Enter through left side of building

WEDNESDAY

6:30-7:30AM - **631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O.D.WC)**

6:30-7:30AM - **Waking Up To Recovery**, Pear Tree Apartments, In the clubhouse, 2902 Powerhouse Rd, **Yakima (O,WC)**

8-9AM - Finding a Way Everyday, JFT & SPAD read daily, Yakima (0,D,VM)
Zoom Meeting ID:817 7517 4802 Password:275055 *MEETING NEEDS SUPPORT*

8-9AM - Getting Real, Serenity Hall, 24 S 3rd Ave, Yakima (O)

NOON-1PM - Ellensburg Valley Recovery Group, United Methodist Church, 210 N Ruby St, Ellensburg (O,WC)

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, Yakima (O,WC) EXCEPT - NO MEETING LAST WEDNESDAY OF THE MONTH

3:30-4:30PM - Yearning After Recovery Daily (YARD), Serenity Hall, 24 S 3rd

Ave, Yakima (O,D,WC)
MEETING NEEDS SUPPORT

5-6PM - Ladies in Love and Courage, Serenity Hall, 24 S 3rd Ave, Yakima (O,W,CW)

5:30-6:30PM - Recovery Rocks, Cle Elum Community Church, 201 E 3rd St, Cle Elum (O,D,BK)

 $\mbox{6-7PM}$ - Just for Today, Immanuel Lutheran Church, 1020 S A St, Moses Lake (O,D,RF,WC)

MEETING NEEDS SUPPORT

6:30-7:30PM - **Recovery on the REZ**, Campbell Farm, 2527 Campbell Rd, **Wapato (O,D,NS,LS)**

6:30-7:30PM - WANA, Serenity Hall, 24 S 3rd Ave, Yakima (O,To)

7-8:30PM - **Courage To Change**, Methodist Church, 210 N Ruby St (Room 4), **Ellensburg (O,D,WC)**

THURSDAY

6:30-7:30AM - **631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

6:30-7:30AM - **Waking Up To Recovery**, Pear Tree Apartments, In the clubhouse, 2902 Powerhouse Rd, **Yakima (O,WC)**

8-9AM - **Finding a Way Everyday**, JFT & SPAD read daily, **Yakima (0,D,VM)** Zoom Meeting ID:817 7517 4802 Password:275055 *MEETING NEEDS SUPPORT*

8-9AM - Getting Real, Serenity Hall, 24 S 3rd Ave, Yakima (O)

NOON-1PM - Ellensburg Valley Recovery Group, United Methodist Church, 210 N Ruby St, Ellensburg (O,WC)

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, Yakima (O,WC)

3:30-4:30PM - Yearning After Recovery Daily (YARD), Serenity Hall, 24 S 3rd Ave, Yakima (O,D,WC)

6-7PM - Worthy Women, Lakeview Missionary Church, 810 S Evergreen Dr, Moses Lake (O,JT,W,WC,SPAD) *New Location* (Entrance is through the side by the parking lot)

6:30-7:30PM - Stepsisters, If you need a meeting, please come and join us.,

Yakima (O,W,VM) There is a Speaker Meeting the 3rd Thursday of every month.

Zoom Meeting ID: 813 2312 0593 *MEETING NEEDS SUPPORT*

6:30-7:30PM - WANA, Serenity Hall, 24 S 3rd Ave, Yakima (O,To)

7-8:30PM - **Courage To Change**, Methodist Church, 210 N Ruby St (Room 4), **Ellensburg (O,WC,BK)**

7:15-8:15PM - Let's Get on With It, United Methodist Church, 746 S Ironwood Dr, Moses Lake (O,WC) (Enter in the back on Juniper Dr)

FRIDAY

6:30-7:30AM - **631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

6:30-7:30AM - Waking Up To Recovery, Pear Tree Apartments, In the clubhouse, 2902 Powerhouse Rd, **Yakima (O,WC)**

8-9AM - **Finding a Way Everyday**, JFT & SPAD read daily, **Yakima (O,D,VM)**Zoom Meeting ID:817 7517 4802 Password:275055 *MEETING NEEDS SUPPORT*

8-9AM - Getting Real, Serenity Hall, 24 S 3rd Ave, Yakima (O,WC)

NOON-1PM - Ellensburg Valley Recovery Group, United Methodist Church, 210 N Ruby St, Ellensburg (O,WC,BK)

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, Yakima (O,WC)

3:30-4:30PM - **Yearning After Recovery Daily (YARD)**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,D,WC)**

MEETING NEEDS SUPPORT

5-6PM - Ladies in Love and Courage, Serenity Hall, 24 S 3rd Ave, Yakima (O,W,CW)

6:30-7:30PM - **Recovery on the REZ**, All Nations Church, Outbuilding across the road from the church, 603 Washington Ave, **Toppenish (O,D,WC,NS,LS)**

6:30-7:30PM - WANA, Serenity Hall, 24 S 3rd Ave, Yakima (O,To)

7-8:30PM - **Courage To Change**, Methodist Church, 210 N Ruby St (Room 4), **Ellensburg (O,WC)**

7-8PM - Freedom to Surrender, Alano Club, 724 W 3rd Ave, Moses Lake (O,WC)
7:30-9PM - Life Tracks, Saint Timothy's Church, 4105 Richey Rd, Yakima (O,D,WC)

10-11PM - Another NA Meeting, Serenity Hall, 24 S 3rd Ave, Yakima (CL)

SATURDAY

6:30-7:30AM - **631**, West side of building, 204 E 6th Ave #514, **Ellensburg (O,D,WC)**

 6:30-7:30AM - Legacy, Barth Clinic, Up the stairs, 201 E Lincoln Ave, Yakima (O,D,RF)

8-9AM - **Finding a Way Everyday**, JFT & SPAD read daily, **Yakima (0,D,VM)** Zoom Meeting ID:817 7517 4802 Password:275055 *MEETING NEEDS SUPPORT*

8-9AM - Getting Real, Serenity Hall, 24 S 3rd Ave, Yakima (O)

10-11AM - Buzz Kill, First Christian Church, 601 N Ruby St, Ellensburg (O,LS)

10-11AM - Hope, Barth Clinic, Upstairs in Harrison Hall, 201 E Lincoln Ave, Yakima (O,W,WC)

MEETING NEEDS SUPPORT

11:05-12:05PM - Something Different, Alano Club, 724 W 3rd Ave, Moses Lake (O,RF,WC)

NOON-1PM - NA @ Noon, Barth Clinic, Upstairs in Harrison Room, 201 E Lincoln Ave #100, Yakima (O,WC)

2-3PM - The Good Fellas, United Methodist Church, Room 4, 210 N Ruby St, Ellensburg (O,M,RF,WC,CW)
MEETING NEEDS SUPPORT

3:30-4:30PM - **Yearning After Recovery Daily (YARD)**, Serenity Hall, 24 S 3rd Ave, **Yakima (O,D,WC)***MEETING NEEDS SUPPORT*

5-6PM - The Belvedere, Big Blue Shop, 16516 State Highway 262 E, Warden (O,SG) *MEETING NEEDS SUPPORT*

6-7PM - Unity Night, 2902 Powerhouse Rd, **Yakima (O,D,M,WC)** *MEETING NEEDS SUPPORT*

6:30-7:30PM - WANA, Serenity Hall, 24 S 3rd Ave, Yakima (O,To)

7-8:30PM - Courage To Change, Methodist Church, 210 N Ruby St (Room 4), Ellensburg (O,WC)

10-11PM - Another NA Meeting, Serenity Hall, 24 S 3rd Ave, Yakima

10-11:30PM - The Late Show Meeting of Narcotics Anonymous, Methodist Church, 210 N Ruby St, Ellensburg (O,CL,WC,LS)

MEETING FORMAT LEGEND			
CL	Candlelight	D	Discussion
JT	Just for Today	М	Men
0	Open	RF	Rotating Format
SD	Speaker/Discussion	SG	Step Working Guide
To	Topic	W	Women
WC	Wheelchair	BK	Book Study
NS	No Smoking	CW	Children Welcome
VM	Virtual Meeting	HY	Hybrid Meeting
LS	Literature Study	SPAD	A Spiritual Principle a Day

Third Step Prayer
Many of us have said:
"Take my will and my life.
Guide me in me recovery.
Show me how to live."

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65

Area Service Committee Meeting

Meets at 1pm First Sunday of the Month

Meets at:

NEW NAME & LOCATION *Peers Rising* *116 W 3rd Ave* Ellensburg, WA 98926

NEW Zoom Option

ID: 520 918 8085 Password: 034831

Public Relations Subcommittee: 10am Activities Subcommittee: 11am New GSR Orientation: 12:30pm

ASC Chair: Chuck H ASC Vice-Chair: Becca V ASC Treasurer: Jenni G

ASC Assistant Treasurer: OPEN (2 yrs clean time reg)

ASC Secretary: Aaron I ASC Assistant Secretary: Open (18 mos clean time req)

RCM1 Interim: Tabitha H

RCM2: Anye C

C&E Representative: Brent T

Archivist: Brent A

Activities Chair: Open (2 yrs clean time req)
Activities Vice-Chair: Open (2 yrs clean time req)
Activities Treasurer: Open (2 yrs clean time req)
Activities Secretary: Open (6 mos clean time req)
PR Chair: Open (2 yrs clean time req)
PR Vice-Chair: Adam S

PR Secretary: Tandra H PR Literature: Donna L Website Coordinator: Lisa H Literature Chair: Brittany C Literature Vice-Chair: Open (1 yr clean time reg) PHONE NUMBERS



CENTRAL WASHINGTON AREA **MEETING LIST**

OCTOBER 2025

AREA 24 HOUR HELPLINE 877-664-0398 **REGION 24 HOUR HELPLINE** 888-290-1953

> **Area Website** cwaona.org

CWANA PO Box 34 Ellensburg, WA 98926

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what Ask your Higher Power to keep you clean Come early and stay late Get a home group Go to 90 meetings in 90 days **Read NA literature daily Get and use a sponsor** Use the PHONE **KEEP COMING BACK. IT WORKS**

Meetings Weekly: 93